



- What year were you born? Where did you grow up?
- How would you describe your parents/caregivers? Siblings?
- Where is your mother's family from? Your fathers? Caregivers?
- What traditions have been passed down in your family?
- What was your relationship with your parents like? Siblings?
- What role did religion play in your family?
- How would you describe yourself as a child?
- Do you have any favorite stories from your childhood?
- What did you want to be when you grew up?
- If you have a spouse/partner, how did you meet them?
- If you are a parent, tell me about finding out you would be a parent. How did it feel?
- Tell me about raising your children. What do you most remember about this time in your life?
- Do you have any favorite stories about your kids?
- If you co-parented, what was it like parenting with your partner?



- Tell me a bit about what you did/do for work. How did you get into that line of work and what did you enjoy about it?
- What experiences have had the biggest impact on your life?
- What are you proudest of in your life?
- What are the signs of a life well lived?
- What are your hopes for what the future holds for your children and grandchildren?
- What do you want to be remembered for?
- What accomplishments do you want to be remembered for?
- What qualities do you want to be remembered for?
- What haven't I asked you about that I should have?
- What was this experience like for you reflecting back on your life?