



- How would you describe your loved one to someone who doesn't know them? What are some of the first words that come to mind?
- Take a moment to think about your loved ones best qualities. Share a story or memory that illustrates these qualities.
- I have always admired the way my loved one....?
- How do you know that your loved one loves you?
  - What do they say?
  - What do they do to make you feel loved?
- What do you want to make sure your loved ones knows about how you feel about them?
- I may not have always shown it, but...?
- Think about a difficult time that you and your loved one have shared. How did you get through it together? Anything from that experience that you want to share?
- What hopes do you have for your loved one?
- What have you always wanted to know about your loved one but never asked?
- What have you learned from your loved one? With that in mind, complete this sentence: "Because of you I...."
- Anything else we didn't talk about?