



- What year were you born? Where did you grow up?
- What were your parents like? Siblings?
- Where is your mother's family from? Your fathers?
- What is your earliest memory?
- What traditions have been passed down in your family?
- What was your relationship with your parents like? Siblings?
- What role did religion play in your family?
- How would you describe yourself as a child?
- Do you have any favorite stories from your childhood?
- What did you think your life would be like when you were older?
- What did you want to be when you grew up?
- How did you meet your husband/wife?
- How did you know he/she was 'the one'?
- How did he/she propose?
- When did you first find out you would be a parent? How did it feel?
- Tell me about raising your children. What do you most remember about this time in your life?

- Do you have any favorite stories about your kids?
- What was it like parenting with your husband/wife?
- Tell me about your relationship with your husband/wife? Did it change at all after your kids were grown and out of the house?
- Who has been the most important person in your life? Why?
- What experiences or places have had the biggest impact on your life?
- Tell me about a time in your life when you were stronger than you expected.
- What is your greatest fear and how have you worked to overcome it?
- What has been your greatest suffering and what wisdom have you gained from it?
- What is a truth that you utterly believed at one time in your life that you now know to not be true?
- What are you proudest of in your life?
- How did societal expectations influence your life?
- What are the signs of a life well lived?
- What are your hopes for what the future holds for your children and grandchildren?
- What do you want to be remembered for?
  - What accomplishments do you want to be remembered for?
  - What qualities do you want to be remembered for?
- What was this experience like for you reflecting back on your life?